PRESS RELEASE ISSUED BY MEALS ON WHEELS SOUTH AFRICA

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Roodepan From Home Stove To Gazebo Through Amazing Woman Power

Ms Fatima Jenkins, manager of Roodepan Service Center branch of Meals on Wheels almost single handedly cooks and serves over 100 meals a week to indigent pensioners and children in Pescodia suburb, Kimberley.

"I have three 60-litre pots and would love a fourth since I have a spare plate on my four-plate gas stove," says Ms Jenkins.

The branch needs more money for food. Ms Jenkins makes food at home and takes it to a central gazebo to hand it out. She says she could really use an extra pot and some strong wooden spoons.

"Our biggest wish is for transport; we need a bakkie desperately," she says and then with her characteristic strength, "We carry on; we will manage."

Meals on Wheels is a charitable organization that provides meals for people too poor or infirm to fend for themselves. You can sponsor a hungry person via SMS – simply SMS the word '**MEAL**' to **39055**. Your SMS is billed at *R15.00*.

For further information or for comment, please contact Ms Fatima Jenkins +2776 317 9470

You can also visit the following websites for more info on Meals on Wheels for the Aged:

• Meals on Wheels website: <u>www.mow.org.za</u>

Social Pages :

- Facebook: <u>http://on.fb.me/eSkF9s</u>
- Twitter: <u>http://twitter.com/mowcssa</u>